



## Helping the Next Gen Win: Show Up

Think about the people who have made a difference in your life. They influenced you for the better. They were standing there at a crossroads in your life to point you in the right direction. They offered wisdom. They took your side. They cared. Wouldn't you love to do that for the next generation? If you want to help the Next Gen win, there's an simple first step.

### DISCUSSION QUESTIONS

What part of Sunday's message stood out to you? Was there anything you disagreed with or that encouraged you?

*“Pause to imagine. Pause to interact.”*

Talk about someone who had a positive influence in your life.

### Read: Philippians 2:3–4

**Context:** *Paul wrote the Letter of Philippians to a group of churches in the city of Philippi. He encourages them to have a mind like Jesus and that they would look at how they can be empathetic to those around them. He encourages them to value others above ourselves and look to meet the needs of others without asking anything in return.*

- Influence needs to be earned. How do we gain influence in the relationships around us? How have you seen this done in a positive way in your life?
- To help the next gen win, you have to change how you think about people who are different from you. Why is it so easy to brush off differences and not take the time to learn what matters to people or what their story is?
- During the message, Reggie said, “Empathy is the ability to press pause on your own thoughts and feelings long enough to explore someone else’s thoughts and feelings?”. What are some things that make it difficult for you to practice empathy?
- How did Jesus think, what did Jesus do and what did he do to be empathetic to us in Philippians 2:3-4? How has God been empathetic to you individually? What do you need to do in order to have the same mind that Jesus had and be empathetic to the next generation as Jesus is to you?
- Think about a member of the next generation or someone who is different that you here in Colorado Springs and maybe at Red Rock Church that you can show up for. What would it look like for you to pause to imagine what it's like to be in that person's situation? How might it begin the process of building empathy?
- As you think about that person you can show up for, what are some practical things you can do to pause to interact with him or her? What would it look like for you to prioritize that person?
- What is one thing you can do this week to begin to show up for that person? How can this group help you?
- As a follower of Jesus we don't have a choice when it comes to showing up for those God places in our lives. What is it in your life that is stopping you from doing what a follower of Jesus is called to do? How can this group help you do what God is calling you to do?

### MOVING FORWARD

If you want to influence the next generation in a positive way, the first step is simple: Show Up. Whose life do you need to show up in? Imagine your life if Jesus didn't show up and change your eternity. Be encouraged and grateful that he did show up and he changed your life. Imagine what God can do in someone's life if YOU just show up. Don't miss your unique opportunity to help the next gen win.

## **LIVE IT OUT**

**Memorize:** Philippians 2:3–4

**Journaling:** Take some time to write out specific ways that Jesus was empathetic to you in all of your differences from God? Personalize and contextualize Philippians 2:3-4.

**Prayer:** Begin praying that the Holy Spirit would give you an empathetic heart towards those around you, specifically the next generation. Note: Be careful praying this because God will then give you the opportunity to be empathetic towards someone who is different than you.

**Accountability:** Ask a friend to keep you accountable to be empathetic to someone who is different than you.