

# Playlist

## A Million Reasons

### The Song

*Million Reasons* by Lady Gaga

### Pressing On When You Want to Give Up

- Your enemy will give you a million reasons to quit whatever matters most.

... *“Now the time has come for the Son of Man to enter into his glory. ... “Now my soul is deeply troubled. Should I pray, ‘Father, save me from this hour’?”* John 12:23, 27 NLT

- You only need one good reason to stay the course.

*“... But this is the very reason I came!”* John 12:27 NLT

- How did Jesus keep going?

... *For the joy set before him [Jesus] endured the cross, scorning its shame, and sat down at the right hand of the throne of God. Consider [Jesus] who endured such opposition from sinners, so that you will not grow weary and lose heart.*

Hebrews 12:2-3 NIV

### When You Want to Quit—

#### Remember:

It takes a death to have a resurrection.

It takes pain to have progress.

It takes a trial to have a testimony.

It takes a hurt to have a healing.

It takes a struggle to have a story worth telling.

Start talking. Find a conversation starter for your group.

- Did you ever quit an instrument, sport, or job? Any fun stories to share?
- What’s something you wanted to quit but didn’t? What was the result?

Start thinking. Ask a question to get your group thinking.

- Read John 12:23-27. You were Jesus’ one reason to stay. How does this change the way you see your life and struggles?
- Listen to the song *Million Reasons* by Lady Gaga. What came to mind as you listened?

Start sharing. Choose a question to create openness.

- Jason said, “Life’s most significant triumphs often come after life’s most significant trials.” Do you have a story like this? What got you through?
- What’s something that’s wearing you out? What’s one good reason to press on?
- What dream, goal, relationship, or situation are you avoiding because of its mere size or difficulty?

Start praying. Be bold, and pray!

Jesus, You left perfect relationship with Your Father to enter our broken world and give up Your life with one reason in mind. You came to set us free from sin and death and to make Your Father *our* heavenly Father. Thank You. We trust You and love You. Show us Your way forward. Amen.

Start doing. Commit to a step, and live it out this week.

- What is your reason to press on? How will it change the way you face your most difficult challenges?
- What will you do differently this week?